

HOW CAN I LEARN MORE?

In 24/25, there will be 2 hour information sessions to find out more about the Relate approach, the principles and elements of support and an introduction to the tools included.

These sessions will take place in education centres and virtually. Relate is an online resource, however hard copies will be available at the education centre sessions. The sessions will take place from 1pm - 3pm as school staff have recommended this as the best time for them.

From 25/26, we will provide a 3 day seminar on the Relate approach, this will be available in person and virtually.



WHAT IS RELATE?

NCSE Relate is a resource to support school staff to understand and reframe behaviour. Relate puts relationships at the heart of teaching and learning, with an emphasis on understanding and connection.

The resource takes a 'regulation first' approach meaning that relationships, the environment, and the individual are central to support. Relate shifts the focus from *what* is happening to *why* it is happening and supports the student where they need it.

NCSE Relate

Teacher Professional Learning



An Chomhairle Náisiúnta
um Oideachas Speisialta
National Council
for Special Education

www.ncse.ie/relate

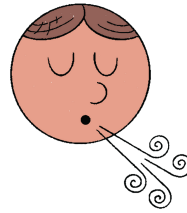
8 Principles



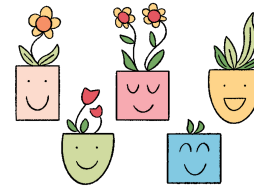
Rights Based



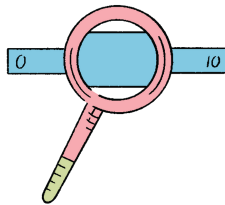
Student Voice



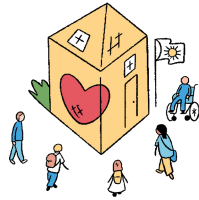
Regulation First



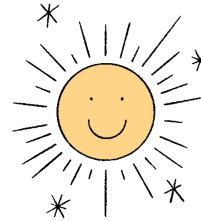
Neuro-affirmative



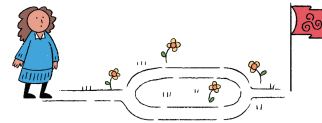
Solution Focused



Staff and Student Wellbeing



Unconditional Positive Regard



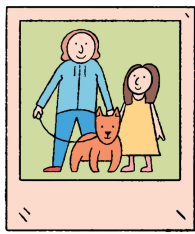
Universal Design for Learning

WHAT IF OUR SCHOOL WANTS MORE THAN AN INTRO?

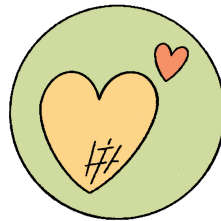
For all contexts, we will provide Pathways to Prevention, a 3 day seminar which has been redesigned to support Relate. This seminar is available in-person and virtually.

Additionally, we provide an extensive offering of Whole School Seminars. Schools can choose the themes most relevant to them. Apply for a WSS [here](#).

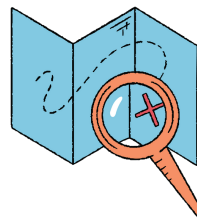
6 Elements of Support



The Understanding Element



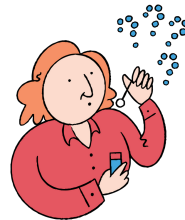
The Relationships Element



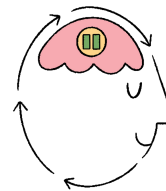
The Exploring Element



The Classroom Element



The Teaching Element



The Reflecting Element

Themes include:

- An Introduction to a Trauma Informed Approach
- Recognising and Reducing Stressors
- Building Relationships
- Being a Regulation First School
- Supportive Environments
- An Introduction to NCSE Relate
- The 3 Phases of Support